

# WELCOME

If you are a newcomer to the YF Institute, you will be amazed at what awaits you during your program. Our goal is to provide you with an enjoyable, high-quality, immersive educational experience, in addition to a safe and memorable visit to the world's first national park.

Yellowstone Forever benefits from the hard work and generosity of volunteer program assistants. You will likely meet the program volunteers assisting your program. Program assistants receive professional training in Wilderness First Aid, emergency response, and bus driving. Additionally, they help with program logistics, cleaning and maintenance of facilities, and anything you might need during your time with us.

Your program includes tuition and transportation during your program. It does not include transportation to the park, lodging, food, and park entrance fees.

The following information is provided to help you prepare for your program. Please read it thoroughly and call us at 406.848.2400 or email [institute@yellowstone.org](mailto:institute@yellowstone.org) if you have any questions. For specific class details, including an agenda, a letter from the instructor, class-specific equipment, and a recommended reading list, see the course letter.

We recommend all first-time visitors seek general park information through the National Park Service at 307.344.2107 or [www.nps.gov/yell](http://www.nps.gov/yell).



# LODGING & MEALS

## Lodging



Lodging at the Yellowstone Overlook Field Campus may be available on a case-by-case basis. If available, there are a limited number of rooms available. For additional information, including availability, reach out to YF directly at [yellowstone.org](http://yellowstone.org).

The locally owned and operated, Yellowstone River Motel, conveniently located in walking distance of Yellowstone Forever Headquarters is offering a 10% discount for all YF program participants. For more information, please visit:

<http://www.yellowstonerivermotel.com>

## Meals

Meals, snacks, and drinks are not provided for summer Field Seminar programs. You will need to bring your own food and it should be able to easily travel in the field with you.

Gardiner has a grocery store and multiple restaurants open in the summertime. All programs begin at the Yellowstone Forever classrooms where there are water fountains to fill your bottles before heading out into the field. In addition, there are restroom facilities to use at the classrooms.

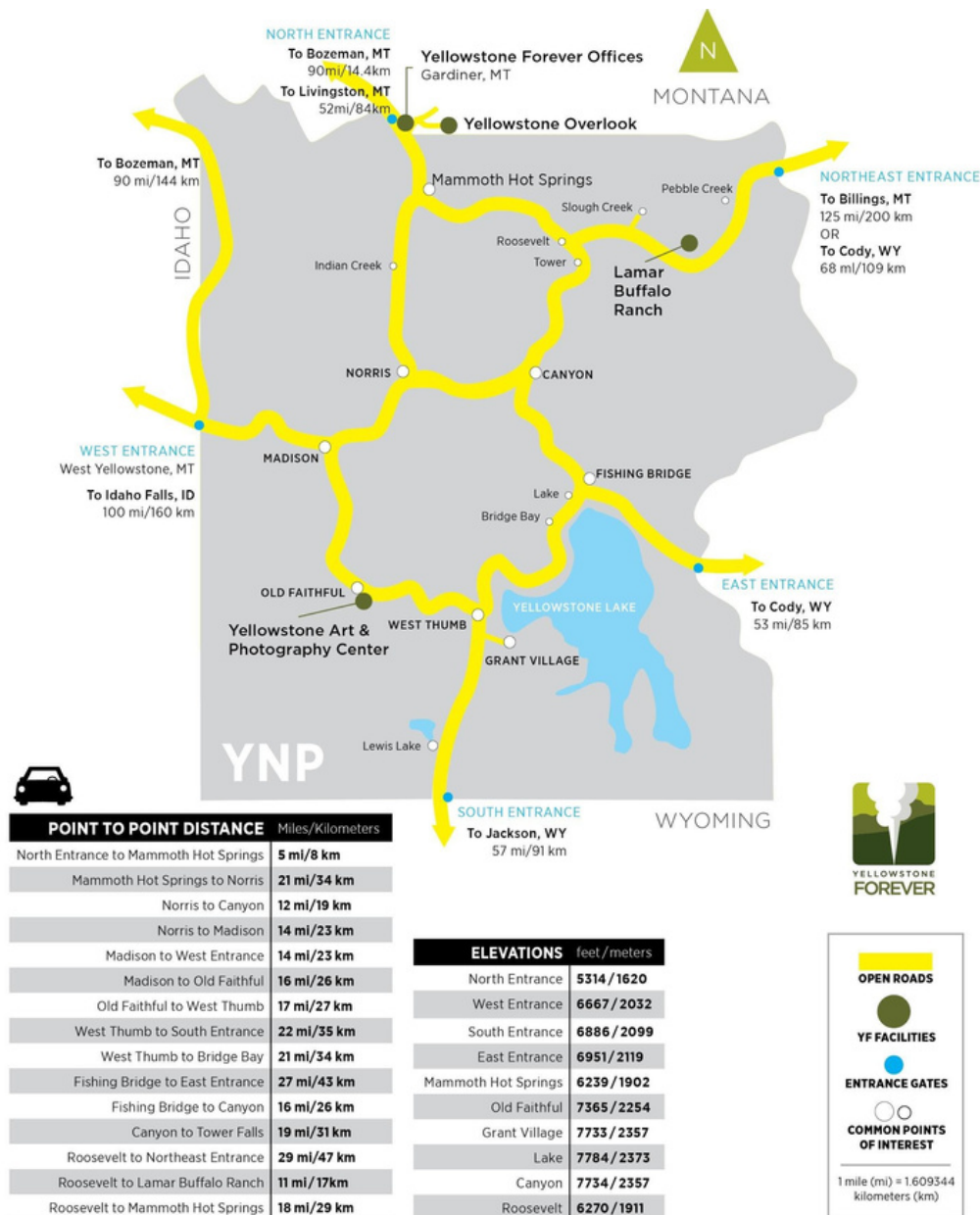




# DIRECTIONS

To access Gardiner in summer there are five different entrances you can use.

The address for the Gardiner, MT Yellowstone Forever office is:  
308 W Park St. – Gardiner, MT – 59030



Prior to leaving always check park road conditions and closures at <https://www.nps.gov/yell/planyourvisit/conditions.htm> or call 307-344-2117 for recorded information.

# ACTIVITY LEVELS

## Program Fitness Level Expectations

Each course is classified in difficulty with a 1 to 5 rating.

Level 1: Be prepared to hike up to 1 mile per day, comfortably, through relatively flat terrain on maintained trails.

Level 2: Be prepared to hike up to 3 miles per day, comfortably, with elevation gains up to 600 feet. Some off-trail hiking possible.

Level 3: Be prepared to hike up to 5 miles per day, comfortably, with occasional elevation gains up to 1000 feet in undulating terrain.

Level 4: Be prepared to hike up to 8 miles per day, at a brisk pace, comfortably, with climbs up to 1500 feet on dirt trails. Loose rocks, uneven footing, and off-trail hiking are possible. Good coordination is recommended.

Level 5: Be prepared for brisk aerobic, destination-oriented hiking up to 12 miles a day. Should be physically conditioned to do these hikes comfortably. Elevation changes up to 2000 feet on dirt trails or off-trail. Loose rock, uneven footing, steep hillside traverses, and stream crossings are possible. Good coordination is required.

*All field activities will be conducted as a group. If a student cannot meet the activity level expectations during their program, they may be restricted from participation in daily outings. We will not alter program itineraries or activities to accommodate participants who cannot meet the expectations of the stated activity level. Additionally, it is possible that programs will not hit or exceed the classified difficulty, however, participants must BE PREPARED to do so.*

To see the difficulty level and fitness expectations for a particular course, see that class's course letter and registration page. To best prepare, we recommend beginning an exercise program right away. Participants residing at lower elevations may want to arrive a day early to adjust to the altitude. To learn more about how specific medical conditions can be affected by Yellowstone's environment and our activities, visit [www.yellowstone.org/health-information](http://www.yellowstone.org/health-information).

# WHAT TO BRING

## Suggested Packing List

Below are suggested items to bring to all Field Seminar Programs. For equipment and clothing specific to a course, please see the corresponding course letter. Additionally, Yellowstone Forever field staff assigned to there program will carry a first aid kit, bear spray, and emergency communication device.

### Equipment

- Hand Sanitizer
- Daypack, with enough capacity to carry extra clothes, water, lunch, camera, binoculars, etc.
- Water bottle, for hiking programs, it is recommended to bring at least two liters of water with you for the day's activities
- Sunglasses
- Sunscreen/Lip protector, sun at high altitude can burn unprotected skin quickly
- Optics, camera and binoculars

### Clothing

- Insulating underwear, capilene, polypropylene, wool, or similar wicking fabric
- Midweight insulating layer, a light synthetic fleece or wool shirt/pullover
- Heavyweight insulating layer, wool, down, or heavy-weight fleece jacket
- Waterproof and windproof outer layer, lightweight and breathable, jackets and pants
- Pants, wool, fleece pants are preferred, no cotton
- Hat, both a brimmed sun hat and an insulating hat for cool weather
- Gloves, lightweight glove liners and a pair of wool/fleece gloves or mittens
- Socks, specifically designed for hiking, that wick moisture
- Hiking boots that provide stability and traction make sure they are broken in, comfortable, and do not cause hot spots or blisters

# CANCELLATION POLICY

## PLEASE READ THIS POLICY BEFORE REGISTERING FOR PROGRAMS

Once registered for a program, registration is subject to the following cancellation policy.

If you cancel:

- **90 days or more** prior to the start of the program, 100% of the payment will be refunded minus a \$50 per person processing fee.
- **60 days or more** prior to the start of the program, 50% of the payment will be refunded minus a \$50 per person processing fee.
- **30 days or more** prior to the start of the program, 25% of the payment will be refunded minus a \$50 per person processing fee.
- If the cancel with **fewer than 30 days** prior to the start of the program, the full payment will be forfeited.

To guard against unexpected circumstances, we strongly advise purchasing travel insurance to protect against loss should you have to cancel your registration.

All programs are subject to change due to unforeseen circumstances.





# CODE OF ETHICS

The Yellowstone Forever Institute is committed to demonstrating a high standard of appropriate and ethical behavior in Yellowstone. As a participant in a Yellowstone Forever Institute program, we ask all students to adhere to the following Code of Ethics. In addition to the ethics highlighted below, the Yellowstone Forever Institute abides by all National Park Service rules and regulations. We also practice Leave No Trace guidelines for traveling responsibly in the wilderness.

## Observing Wildlife

We will do our best to have as little impact on wildlife as possible. Animals will be observed from a distance, using high-powered spotting scopes to help keep our presence from affecting their behavior. Participants should not expect to get close-up photographs of wildlife. The Yellowstone Forever Institute will adhere to National Park Service regulations by keeping a minimum distance of 25 yards from bison, elk, bighorn sheep, deer, moose, coyotes, and nesting birds and 100 yards from bears and wolves. We will not entice wildlife with food, animal calls, or any actions that change their behavior.



## Leave What You Find

It is illegal to remove natural or cultural artifacts (plants, animals, bones, rocks, etc.) from Yellowstone. Yellowstone Forever Institute instructors have permission from the National Park Service to manipulate plants, rocks, bones, etc. for educational purposes and will return them to their natural positions and locations.

# General Etiquette

Yellowstone Forever Institute groups will be considerate of other visitors and respect the quality of their experience. Voices and vehicle sounds carry great distances and affect both wildlife and people—remaining silent or very quiet while watching wildlife lets the sounds of Yellowstone (including wolf howls) prevail.

## Roads and Vehicles

Expect wildlife on the road, and drive at or below the posted park speed limits. When stopping to observe wildlife or other park features, the Yellowstone Forever Institute will move vehicles entirely off the road. If there is no safe pullout available, we will drive to the next safe place and walk back to observe the wildlife. We will not stop in the middle of the road, and should a traffic jam develop as a result of our activities, we will cease the activity.



## Properly Dispose of Waste

We will pack out all trash, leftover food, and litter. Your instructor will discuss techniques for properly disposing of human waste in the field.

## Traveling Lightly

When hiking or walking in Yellowstone, we will use existing trails and boardwalks. We will follow appropriate techniques when walking off-trail. Walking around muddy or wet places in the trail increases erosion and negatively affects the resource; proper equipment is essential to hiking ethically. Participants should come adequately prepared with the equipment listed for their program and should expect to walk through mud, snow, or puddles in the trail.



# YELLOWSTONE FOREVER

## Our Mission



Yellowstone Forever protects, preserves, and enhances Yellowstone National Park through education and philanthropy.

We provide experiences and opportunities that create lasting connections to Yellowstone National Park, building a global community that is engaged and invested in the future of the world's first national park.

Our vision is that Yellowstone National Park endures forever.

## Supporter Program & Retail Stores

Yellowstone Forever Supporters directly fund priority park programs and projects. Supporters also provide scholarships for teachers and help expand programming for youth. Benefits include early registration and discounts for Yellowstone Forever Institute programs and discounts on retail purchases throughout Yellowstone (exclusions apply). For more information, visit: [yellowstone.org/donate](https://yellowstone.org/donate)

Our Park Stores feature more than 900 books, maps, and videos to help you plan your visit, along with a wide selection of shirts, hats, and other logo items to remind you of your visit to Yellowstone. Yellowstone Forever supporters receive a 15 percent discount on merchandise online or at any of our 11 locations in and around Yellowstone. Proceeds directly support Yellowstone. To make purchases, visit: [shop.yellowstone.org](https://shop.yellowstone.org)

# FREQUENTLY ASKED QUESTIONS

## Q. What airport should someone fly into?

A. Commercial airlines serve the following airports near Yellowstone National Park all year: Cody and Jackson, WY; Bozeman and Billings, MT, and Idaho Falls, ID. The West Yellowstone, MT airport is serviced from early May to mid-October from Salt Lake City, UT.

## Q. Does YF offer a shuttle service?

A. Yellowstone Forever does not have a shuttle service available for summer seasons.

## Q. How does one communicate with the instructor before the class?

A. All questions and communication about the program can be directed at the Instructor, who will reach out to you first. For general questions please contact us at 406-848-2400 or [contact@yellowstone.org](mailto:contact@yellowstone.org)

## Q. Are instructors tips included in the program payment?

A. Gratuities for the instructors are not included but are recommended and greatly appreciated.

## Q. Can I rent equipment from YF?

A. YF does have limited rental gear, please reach out directly. Otherwise, there are locations in Bozeman, Gardiner, and Mammoth Hot Springs where gear can be reserved.